

Client Food Pantry Needs List



We need your help! Our pantry often needs replenishment. The items you provide support active Case Management clients, known to have limited mobility and/or very low income, often in crisis. The following is a list of items we currently need.

Canned Food

Vegetables (low sodium preferred)

Corn
Peas
Green beans
Potatoes
Sweet potatoes
Beans
Mixed veggies

Meats

Tuna
Chicken
Salmon
Spam
Sausages

Meals

Pasta
Stew
Soup

Fruit

Milk

Nutritional Supplements

Glucerna for diabetics
Ensure or Boost

Dry Foods

Macaroni and cheese
Instant cereal
3-minute oatmeal grits
Dry cereal
Pasta
Rice
Beans, boxed / bagged
Crackers

Liquid Foods

Spaghetti sauce
Juices
Vegetable oil
Peanut butter
Jelly

Thanks so much for your support!

Please deliver all items to:

Sheltering Arms Senior Services
3838 Aberdeen Way
Houston, TX 77025

Please note: We may have some limited capacity to pick up from donor organizations.

Utility Supplies

Laundry detergent
Cleaning fluid
Sponges
Dish detergent
Trash bags
Plastic baggies
Batteries
Emergency lights
(battery-powered)
Flashlights

Paper Goods

Toilet paper
Paper towels
Napkins

Personal Care

Soap
Shampoo
Toothpaste
Deodorant
Adult incontinence items,
m / f, any size
Mosquito repellent

Other

Grocery gift card